

The Dean and JoJo Anti-Bullying Activity Book **Elementary School Appropriate: Ages 5-12**

Suggested Classroom Activities:

I. Synopsis of story

II. A blank dolphin coloring page with spaces to write alternatives to bullying. (You are healing JoJo's wounds with each peaceful choice.)

II. A Venn Diagram comparing how JoJo avoided bullies next to another Venn Diagram of child avoided bullies.

III. A web of ideas to avoid bullying.

IV. A web of how one is a true friend.

V. A dolphin mask with an accompanying worksheet. "This is what I see through JoJo's eyes."

VI. A bully/victim mask to design. "This is what I see through the bully/victim's eyes."

VII. A Dean and JoJo play of one of the most poignant bullying situations and how they dealt with it positively.

VII. Role play starters for bullying situations.

IX. Empowerment: Write a letter to a bully of the past. What would you like to say to him/her?

X. Compare/Contrast how predators and prey are like bullies and victims. How are predators and bullies the same vs. how are prey and victims alike? How does each either escape or perpetuate the relationship?

XI Peace Cards: (These could have a Dean & JoJo Logo in one corner.) Class keeps a box of 30 cards with a label on the front that says 1) Read one 2) Share one 3) Make one. Some cards are blank and others have a peaceful resolution written on one side. If a child has had a problem at recess that they feel is unresolved he/she could choose a Peace Card to present to another student, keep it and work through their feelings, or make a new Peace Card with a positive choice. The cards will accumulate during the school year as conflicts arise and are solved.

XII Discipline Cards: Class keeps a file box of cards for each child with positive images and their name colored on one side and three columns on the opposite side like thus:

Date

Problem

Next Time

If a child chooses to misbehave he/she must fill in the above with the date, inappropriate behavior and a ***positive alternative*** for the future and then receive the teacher-created consequence for the behavior.

XIII: A Compare/Contrast essay of how the *Brooklyn Boys* (See DVD) are similar and unlike bullies in a child's life.

XIV: Closure: Draw a picture of yourself bully free!

PEACE CARD programs may already be part of your school package or you may create them with our art work if you prefer.