Questions for discussion during the Anti-Bullying DVD Elementary Ages 5-12

Background knowledge beneficial for discussion before showing the video:

Try telling students that if they encounter a situation where a bully is demanding lunch money or will beat them up, they have 3 choices but only being *assertive* is appropriate:

3 types of conflict resolution

- a) *Passive*= Give the bully the money.
- b) *Aggressive* = Punch the bully in the nose
- c) Assertive = Use a firm "No." If he continues threats, walk away or tell an adult.

I usually invite a student to role play these choices with me, overacting in a silly way with overly exaggerated gestures to get them to laugh about how ridiculous it is to punch a kid (for aggressive behavior) or to shrink away with a Charlie Brown voice (for passive behavior.) Then we role play the assertive no demonstrating the effectiveness of standing up for yourself peacefully.

Directions: The following questions are best asked when pausing the DVD at the appropriate chapters. (Example: Don't Touch the Dolphin, Brooklyn Boys, etc.)

- 1. JoJo does not like being touched or pestered. Have you ever been touched or pestered in a way you didn't like? How did you react?
- 2. If someone is acting up and not paying attention to what they are doing, like the Jet skier, do people sometimes get hurt?
- 3. Have you ever seen someone on the playground going too fast or not paying attention to what they were doing and then someone got hurt? What did you think?
- 4. Have you ever stepped in to help a friend who was hurt, like Dean did when JoJo was hit by a Jet Ski? Tell about it.
- 5. How was Dean a friend to JoJo?
- 6. What can you do to help a hurt friend?
- 7. How do you help if a friend's feelings are hurt?
- 8. Do you think Dean was worried about JoJo when he was hit by a Jet Ski? What do you think went through his mind?
- 9. Why would five big men jump on JoJo?

- 10. What would you do if five guys grabbed you and tried to wrestle you to the ground?
- 11. What would you do if you saw someone try to grab and wrestle a friend to the ground?
- 12. Have you ever seen someone jump on someone else and hurt them?
- 13. How many people think that JoJo was just defending himself when he fought off the Brooklyn Boys? Did some think that JoJo attacked them?
- 14. That night the Brooklyn Boys said they were attacked by a dolphin and many people agreed with them. Do bullies sometimes get away with their harassing behaviors? Is this fair?
- 15. How does JoJo say no to water skis hurting him? Is he using the only language he knows?
- 16. How do you say no to dangerous situations?
- 17. If you chose to bully, like Maria did, might somebody take revenge on you?
- 18. What other consequences are possible for bullying?
- 19. In what ways are your friendships the same as Dean and JoJo's? How are they different?
- 20. When something bad is happening to people or animals, how can people take action to change it peacefully?